

*\*To be photocopied for each student*

## Multiple Choice:

**1. How much edible food is never eaten?**

- A. Half
- B. One Third
- C. Three quarters

**2. How many people suffer from food poverty in Ireland?**

- A. 1 in 20 people
- B. 1 in 3 people
- C. 1 in 8 people



**3. What else is wasted when we produce food that no one eats?**

- A. Water
- B. Fuel
- C. Land resources
- D. All of the above

**4. What greenhouse gas is produced by food waste when it is sent to goes to landfill?**

- A. Carbon Dioxide
- B. Nitrous Oxide
- C. Methane

**5. How damaging is Methane to our environment as a Greenhouse Gas in comparison to CO<sub>2</sub>?**

- A. 5 times
- B. 10 times
- C. 20 times

**6. What can you do to help prevent food waste?**

- A. Don't buy more food than you can cook or eat
- B. Eat leftovers before opting for newly bought food.
- C. Shop at stores that offer food near use by or wonky veg at a discount
- D. Plan your meals by making a shopping list
- E. All of the above

**7. Your fridge should be at what temperature?**

- A. <1 Degree Celsius
- B. 1-4 Degree Celsius
- C. >4 Degree Celsius

**Discussion Questions:**

- 📝 Students complete a worksheet with the following questions and multiple choice answers.
- 🗣️ Teacher ask students and prompt discussion.

**8. Did you eat leftovers in the last two weeks?**

- A. Yes
- B. No

**9. What would you do with a banana with brown spots?**

- A. Eat it
- B. Throw it away
- C. Make something with it



**10. You can't finish a meal at a restaurant. What do you do?**

- A. Leave it on the plate
- B. Take it home
- C. Ask someone else at my table to finish it

**11. Do you compost your food scraps or use a food waste bin at home or at school?**

- A. Yes
- B. No

**12. How do you serve dinner at your house?**

- A. Plated
- B. Family Style (everyone serves their own plates from central pots/dishes)

**13. Does your local supermarket have a section selling discounted food that is close to sell by dates or damaged packaging?**

- A. Yes, and I buy that imperfect food all the time
- B. Yes, but I wouldn't buy it
- C. No