Multiple Choice:

1. How much edible food is never eaten?
   A. Half  
   B. One Third  
   C. Three quarters

2. How many people suffer from food poverty in Ireland?
   A. 1 in 20 people  
   B. 1 in 3 people  
   C. 1 in 8 people

3. What else is wasted when we produce food that no one eats?
   A. Water  
   B. Fuel  
   C. Land resources  
   D. All of the above

4. What greenhouse gas is produced by food waste when it is sent to goes to landfill?
   A. Carbon Dioxide  
   B. Nitrous Oxide  
   C. Methane

5. How damaging is Methane to our environment as a Greenhouse Gas in comparison to CO2?
   A. 5 times  
   B. 10 times  
   C. 20 times

6. What can you do to help prevent food waste?
   A. Don't buy more food than you can cook or eat  
   B. Eat leftovers before opting for newly bought food.  
   C. Shop at stores that offer food near use by or wonky veg at a discount  
   D. Plan your meals by making a shopping list  
   E. All of the above
7. Your fridge should be at what temperature?
   A. <1 Degree Celsius
   B. 1-4 Degree Celsius
   C. >4 Degree Celsius

Discussion Questions:
Students complete a worksheet with the following questions and multiple choice answers.
Teacher ask students and prompt discussion.

8. Did you eat leftovers in the last two weeks?
   A. Yes
   B. No

9. What would you do with a banana with brown spots?
   A. Eat it
   B. Throw it away
   C. Make something with it

10. You can’t finish a meal at a restaurant. What do you do?
    A. Leave it on the plate
    B. Take it home
    C. Ask someone else at my table to finish it

11. Do you compost your food scraps or use a food waste bin at home or at school?
    A. Yes
    B. No

12. How do you serve dinner at your house?
    A. Plated
    B. Family Style (everyone serves their own plates from central pots/dishes)

13. Does your local supermarket have a section selling discounted food that is close to sell by
dates or damaged packaging?
    A. Yes, and I buy that imperfect food all the time
    B. Yes, but I wouldn't buy it
    C. No